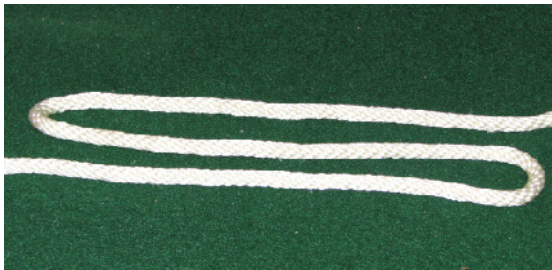
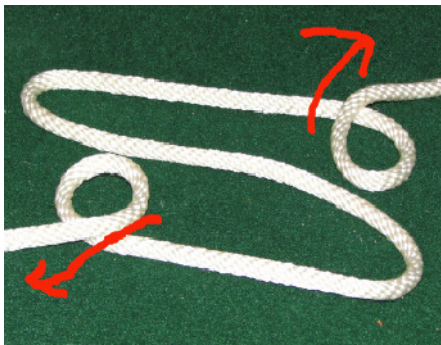


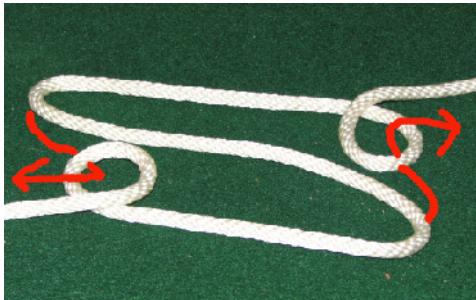
# Sheep Shank



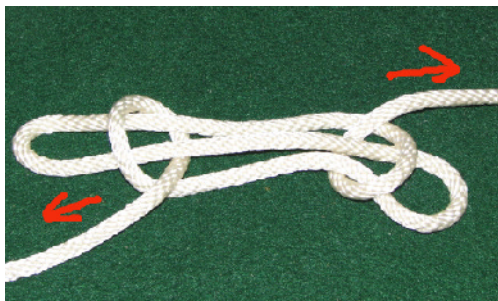
Start by making a "S" with the rope



make two overhand loops with the rope



Pull the curves of the "S" through the loops



pull the ends of the rope to tighten

