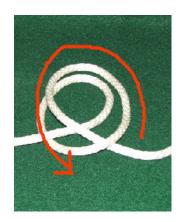
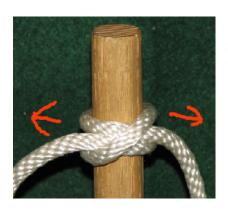


Start by making two loops with the rope going under itself



move the second loop over the first loop



to finish slide over post and pull till tight